IRIDOLOGY ESSENTIALS:

- BEGINNERS: This class offers everything you need to know in order to begin using the iris as a wholistic health-screening tool. The course material is in line with modern iridology research and techniques that are clinically relevant. Whilst Iridology has often been perceived as highly complex; our method of teaching has helped it become refreshingly simple – even to the novice. Most students who attend this tutorial feel confident to attempt an analysis by the end of the second day. POST GRADUATES should view this course as a refresher and possibly the beginning of a new way of practising an old topic because it offers much more than a Fundamental outline. This module contains imperative revisions of some Classical Iridology concepts. Most of our graduates express appreciation for clarification, enlightenment and renewed enthusiasm. A comprehensive coverage of iridology essentials, including:

  - Anatomy of the eye
  - Comparison and use of iridology charts
  - An overview of historical and philosophical basis of Iridology
  - Iris zones and markings and their relationship to anatomical zones and organ systems
  - Comparison of various schools of Iridology; including terminology and methodology
  - The scientific basis of Iridology
  - The importance of informed consent prior to conducting an iris assessment
  - The structural variations of the iris
  - The meaning of colour in the iris
  - The influence of iris shading
  - Understanding twenty essential iris signs
  - A discussion of Hering’s law of cure
  - Developing your technique of iris interpretation
  - The correct use of iris magnification and light
  - Comparison of various schools of Iridology; including terminology and methodology
  - How to interpret and record the results of a simple iris assessment
  - The strengths and limitations of Iridology including clarification of changes in the eye
  - How to clearly communicate your findings to clients in terms they will easily comprehend

While this seminar is a complete unit for the novice, it should also be viewed as the foundation toward practitioner level training for those who wish to use Iridology professionally and forms the basis on which to add the more advanced European techniques. In other words, this class is essential.

Lecturer: Toni Miller. ND DHM or other qualified approved Integrated Iridologists

Workbook included. 2 Days from 9am – 5pm. 10 CPE points.

SOME COMMENTS FROM OUR GRADUATES

‘I have been using Iridology since I first studied twenty years ago. I really hesitated to enrol in a “beginner’s class”. I have to say I am in awe of how much information was new to me! I recommend that all post-graduates put Iridology Essentials on their “must do” list. It feels so much more confident in my understanding of Iridology and in my ability to explain the iris to my patients’ M.S. ND Melbourne

‘I learned iridology by correspondence. This seminar has helped to put it all together for me.’ M.S. Masseur Gladstone

‘This far exceeded my expectations for a ‘fundamental’ course. You have inspired me, given me more confidence to use iridology more and clarified many gray areas.’ D.C. Dip Ac. Frankston

‘You have changed my viewpoint on the value of Iridology in a most positive way’. Dr. P.H. G.P. Lindfield
IRIS 1 - PHYSICAL IRIDOLOGY

IRIS 1 is a four day intensive and examines everything you want to know about the interpretation of the physical elements of iridology. It explores areas including the structure and colour of the iris, the sclera, the dynamics of pupil variations and specific iris phenomena including pigments, transversals and various lacuna shapes. For this reason, we call this unit Physical Iridology. This seminar includes state of the art graphics and nearly 500 photo samples. Workbook included. 4 Days from 9am – 5pm consisting of 4 modules:

CONSTITUTIONAL TYPING

The constitutional approach should be seen as the first step in understanding advanced Iris techniques. Knowing our unique constitution can be valuable to us as it identifies inherent weakness and enables us to support our vital force. This information is based on the teachings of many European masters including Deck, Angerer, Schnabel, Kriege and Shimmel and provides instruction on:

• An examination of European charts and related terminology
• Inherent disposition
• Individual diathesis
• Determining the exact constitution
• A detailed definition of the three primary constitutional types and 17 common sub-types
• An explanation of health indications of each person according to their constitution
• Constitutional syndromes
• Why every eye is ideal
• How to advise your clients about their inherent tendencies in terms they will easily comprehend
• How signs in the eye can help clients to avoid genetic tendencies

Lecturer: Toni Miller. ND DHM or other qualified approved Integrated Iridologists -10 CPE points.

PUPIL DYNAMICS

Up to 80% of pupils display some sort of irregularity, making it an important feature in the evaluation of health. In fact – so much can be learned from a study of the size and shape of the pupils that some practitioners use it alone. This module is an explanation of the pupil and its various irregularities and their significance in human health. Topics include:

• The effects of the autonomic nervous system on pupil dynamics
• Pupil size
• Pupil shape
• Ellipsoid distortions
• Pupil flattening
• Pupil border signs and their relationship to the spine
• Relationship of the pupil and the collarette
• Practical application

Lecturer: Toni Miller. ND DHM or other qualified approved Integrated Iridologists -5 CPE points.
SCLEROLOGY

The sclera (white part of the eye) is the most active part of our optic tissue. Irritation or a change in health status can produce visible changes in the sclera. Some of these changes can come and go in a matter of seconds. The sclera is the subject of ongoing research and there have been many advanced courses written to explain the significance of markings in it. This seminar will demonstrate how the sclera is a perfect adjunct to Iridology. It covers a detailed discussion of:

- The significance of colours seen in the sclera
- Transient and constitutional sclera signs
- The meaning of texture and shape of various phenomena
- A discussion of signs indicating specific dysfunction
- Signs of cardiovascular risk seen in the sclera
- Sclera signs triggered by hormonal influence
- Signs of digestive dysfunction
- The role of the sclera as a differential diagnosis of iris signs

Lecturer: Toni Miller. ND DHM or other qualified approved Integrated Iridologists - 5 CPE points.

EUROPEAN CONCEPTS

Learn how to determine pathological changes and constitutional risk factors from various phenomena seen in the eye. This module explains iris markings of major importance in modern cultures including cancer and diabetes. It includes an overview of:

- The European interpretation of lacunae shape
- Differentiation of iris pigmentation
- Heterochromic significance
- Significance of various colours in the gastro-intestinal tract
- Transversals and their meaning

Lecturer: Toni Miller. ND DHM or other qualified approved Integrated Iridologists - 5 CPE points.

SOME COMMENTS FROM OUR GRADUATES:

‘Having been a practitioner for over fifteen years, this course was a wonderful refresher and opened new areas of iridology to which I had never been exposed before. Toni is an excellent lecturer and presenter and is full of energy even after a full 5-day seminar. This has given me a greater confidence to use iridology to give better support for my patients.’ M.Mc. Naturopath Herbalist, Stones Corner

‘I thought I had finished studying Iridology when I completed college. I had no idea there was still so much to learn. Thanks for inspiring me to use the eye with every patient.’ A.D. Homeopath Bankstown.

‘Wow! I feel like I’ve gone from preschool to high school in 5 days! You are a wonderful teacher – thank you.’ J.H. Herbalist Lithgow
IRIS 2 – EMOTIONAL IRIDOLOGY

For many years, Iridology has been closely connected to the physical interpretation of eye signs. However, in recent times, there has been an increasing awareness of the impact that emotional issues can have on a person's health. For example, when a person's liver is ailing, there could be some physical symptoms such as nausea or diarrhoea, but at the emotional level, this can produce anxiety or anger. The question that needs to be asked is “can you have physical illness without emotional issues or vice versa”?

This module examines the physical signs from a number of aspects that in total show you the story of each individual. Many of our students come with an expectation that this module will help them to know their clients more familiarly. An equal number have been amazed at what they discovered about themselves! Consists of three modules:

EMOTIONAL INTERPRETATION OF PHYSICAL IRIS SIGNS:

There is an emotional aspect of all physical signs in the iris. It is often an emotional trauma that is the catalyst to illness. In addition, there are ten areas in the superior iris zone that can indicate psychological factors that can influence your health. This seminar will provide a detailed explanation of the emotional and physical significance of Psychological tendencies observed in the iris, including:

- The meaning of markings in the “head zone.”
- Constitutional aspects - methods of identifying emotional trends.
- The meaning of diameters - phenomenon that lie directly opposite each other
- The Interaction zone - how we react to the world around us
- The implication of nerve rings
- The emotional influence of specific organs. (psycho-neuro-immuno iridology)

Lecturer: Toni Miller. ND DHM -10 CPE points.

USING THE IRIS TO DETERMINE PERSONALITY

Did you know the structure and markings in the iris and their precise locations and variations between your left and right eye disclose different facets of your character? Learn how to uncover aspects of your individual personality, your behaviour and relationship patterns based on your iris pattern and markings. The method is easy to learn and accounts for it being one of the most popular of our classes.

Lecturer: Toni Miller. ND 5 CPE points.

THE EFFECT OF GENDER AND SIBLING SEQUENCE

Have you ever struggled to understand how people can be so different from their siblings in their looks, personalities and even their expectations? Denny Johnson expanded his Rayid theories to discover that these differences are intrinsically linked to the dynamics of the family tree. There is so much to be learned from an examination of both gender and sibling sequence. The addition of this information to your iridology profile often fills gaps in order for you to see the whole person and to assist in the advice you then give your clients.

Lecturer: Toni Miller. ND 5 CPE points

Reference text: “The Nature of Birth Order” (See our book list)
SOME COMMENTS FROM OUR GRADUATES:

“I came to this module expecting to learn how to help my patients. I discovered more about myself and my family than I ever knew before. I would recommend this course to everyone—whether they are practitioners or have interpersonal relationship difficulties. Thank you for so much insight. The eyes truly are a window to the soul.” S.M. Central Coast.

“This was way more than I expected from iridology. I never realized that there was more than just the physical signs. Thank you for this seminar—it has changed me and the way I practice forever.” L.D. Sydney.

“I felt that I learnt not only much about iridology but also a lot about myself. I truly feel blessed to have learnt from one of the best. From my years of experience as a student, I’ve found three important ingredients that make a great teacher: knowledge, experience and passion. Toni’s level of knowledge is great. She consolidated that immense knowledge by sharing her vast collection of images and experiences. Lastly, her passion was contagious. Her determination to discover more, even though I am at a beginners level, has rubbed off on me. I am very excited about the future of iridology. I do believe that the eye reveals the truth. The truth is not ‘out there’—but in you. And it shows in our eyes. Thank you for your time and effort. It was a real eye-opener!” M.K. Acupuncturist, Burpengary.

“I have just completed the Emotional Iridology seminar and can honestly say it has changed the way I consult! Prior to attending this seminar, I often skipped around more serious issues such as counselling as I did not feel comfortable pushing buttons into serious emotional traumas...until I felt I could help them deal with such issues...The Emotional Iridology workshop really gave me a stepping stone to becoming a better practitioner towards these issues...I highly recommend these classes to those new and established Naturopaths interested in continuing Iridology past the ‘surface scratching’ they may have been presented within their training...I have been amazed after putting to use some of the Rayidiridology, Time Risk and Birth Order information into my consultations at how much more satisfied I feel after knowing my clients and I have unlocked emotional issues from their past that may have been impacting on their health!” M.C. ND, Geelong.
Our classes start where most others finish...

**IRIS 3 – PRACTICAL APPLICATION OF IRIDOLOGY**

Iridology can identify the source of many conditions but is not a treatment per se. This seminar will demonstrate how to create effective protocols based on a combination of Iridology and Physiography.

**REMEDY SELECTION BASED ON THE IRIS:**

Hear a detailed discussion on how to determine remedies from signs in the iris. Based on the theory that each constitutional iris type has specific weaknesses, it is important to identify what those weaknesses are and remove any influences that would hinder them personally and maximise their opportunity for abundant health on a day-to-day basis. In addition to this form of assessment this module will demonstrate how to use the iris to determine the correct remedies for the major body systems and primary organs. Recommendations include herbal, vitamin, mineral and other therapies along with diet and lifestyle changes according to various eye signs. This seminar is supported with case histories and many slide examples.

**LEGAL ISSUES IN MODERN PRACTICE:**

Understanding the importance of informed consent before conducting an Iridology assessment and the sections of the Medical Practice Act that affect the practice of Iridology.

*Lecturer: Toni Miller. ND DHM -10 CPE points*

**PHYSIOGRAPHY – DIFFERENTIAL DIAGNOSIS**

We are all shaped by life and its experiences. “History leaves its mark.” As a result of this and genetic factors, there are many lines, colours, shapes and other signs that give an insight into specific health risks. Learn how to use this form of analysis using the hands, face and the physique. There have been many books written explaining the personality and character of people according to facial features. However, “Physiography” (the study of the physical landscape) takes a different perspective. It explains the health profile based on physical markings. For example, orthodox medicine recognises that a crease on the earlobe is an indication of potential heart weakness. Physiography demonstrates that there are at least five other facial signs that could also indicate cardiovascular risk. Lines and markings on the face, hands and body as well as individual posture develop over many years. These signs are significant in the determination of health. They can be used as a form of differential diagnosis. This seminar looks at body signs and their relationship to organ systems and correlates them with the iris.

*Lecturer: Toni Miller. ND DHM -10 CPE points*

**SOME COMMENTS FROM OUR GRADUATES**

Practitioners should not miss this opportunity to help their patients and themselves. D.L. Pharmacist. Vic

“Integration and breadth of knowledge was clinically useful and mentally stimulating”. P.E. Natural therapist, Brisbane

‘Info packed. I never realised what a huge body of knowledge was known and readily available.’ L.S. ND, RN Surry Hills.

My practice is booming since I did your course! Thanks Toni and Rex. KP Melbourne

‘Absolutely one of the most wonderful and enlightening courses I have ever attended.

I am Hooked!’ JB Massage Therapist. Capalla.